

Clarinet Warmup Routine: Dr. Adam Ballif, www.adamballif.com, adamballif@me.com

- The warmup is the most important part of a practice session. This is where we build endurance, tone quality, and technique. This will usually take approximately 45 minutes. The most important element is to establish a pattern of practicing that begins with long tones, continues with slow scale exercises, moves to faster scale exercises, and includes time spent on articulation.

Warmup Routines and Muscle Building

• Long Tones

- Chromatic Scale, whole notes at 60, go 4 notes in one breath, full range.
- 5th and 4th Long Tones (This will cover every chromatic pitch, but also allow for practice moving smoothly between registers.)

5th & 4th Long Tones

• Register Change Warmup

Register Warmup

• Old Faithful Chromatic Scale Exercise

"Old Faithful" Exercise

Anchor Notes = E, G#, C

• Scales, Arpeggios, and Thirds (slur)

- Practice them slowly first, with a quarter note pulse = 60.
- Then speed them up, with a quarter note pulse = 120.

• Articulation

- Page 22 from the Langenus Method
- Practice at varying tempos each day, slow to fast. (ex. 88, 96, 104, 112, 120, 132, 144, etc...)
- Tonguing in Fives and Nines

Tonguing in 5's

Tonguing in 9's

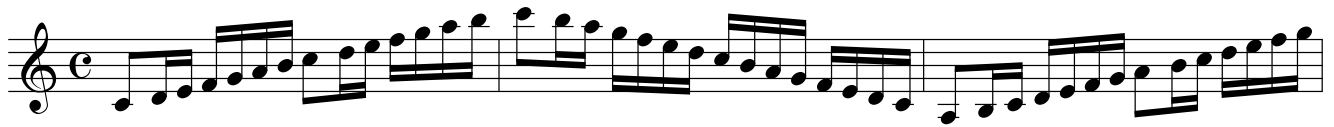
Clarinet Warmup

This scale pattern follows the circle of fifths. The minor scales are in natural minor form. Adjust them to melodic and harmonic minor form on an alternating basis.

♩ = 60-120

Dr. Adam Ballif

Clarinet



25

27

30

33

36

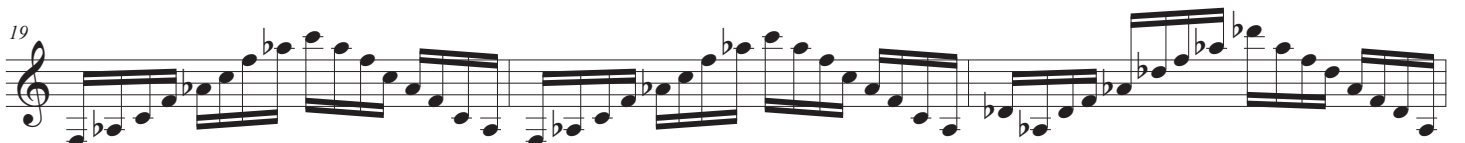
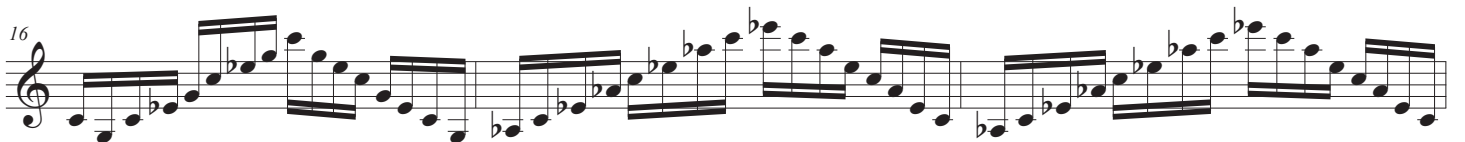
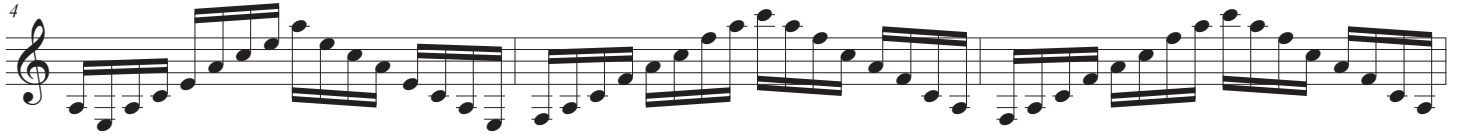
39

42

45

48

Arpeggios



2
25

Musical staff 1: Treble clef, 2/4 time signature. Measures 25-26. Key signature: two flats (Bb, Eb). Rhythmic pattern: eighth notes and quarter notes.

27

Musical staff 2: Treble clef, 2/4 time signature. Measures 27-28. Key signature: two flats (Bb, Eb). Rhythmic pattern: eighth notes and quarter notes.

29

Musical staff 3: Treble clef, 2/4 time signature. Measures 29-30. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

31

Musical staff 4: Treble clef, 2/4 time signature. Measures 31-32. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

34

Musical staff 5: Treble clef, 2/4 time signature. Measures 34-35. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

37

Musical staff 6: Treble clef, 2/4 time signature. Measures 37-38. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

40

Musical staff 7: Treble clef, 2/4 time signature. Measures 40-41. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

44

Musical staff 8: Treble clef, 2/4 time signature. Measures 44-45. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

48

Musical staff 9: Treble clef, 2/4 time signature. Measures 48-49. Key signature: one flat (Bb). Rhythmic pattern: eighth notes and quarter notes.

Thirds



37

40

43

46

49

51

54

57

60

63

66

69



Musical staff 69: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, starting with a quarter rest followed by a series of eighth notes and sixteenth notes.

71



Musical staff 71: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line from the previous staff.

74



Musical staff 74: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

77



Musical staff 77: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

80



Musical staff 80: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

83



Musical staff 83: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

86



Musical staff 86: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

89



Musical staff 89: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

92



Musical staff 92: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

95



Musical staff 95: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

98



Musical staff 98: Treble clef, key signature of one sharp (F#). The staff contains a sequence of eighth and sixteenth notes, continuing the melodic line.

✓ ✓

legato to the staccato

3 Studies for acquiring a light Staccato

G. LANGENUS

Allegretto $\text{♩} = 144$

120

The musical score consists of 14 staves of music. The first staff is marked with a piano (*p*) dynamic. The second and third staves also feature piano (*p*) dynamics. The fourth staff begins with a forte (*f*) dynamic, followed by piano (*p*) dynamics. The fifth staff starts with forte (*f*) and includes a handwritten note *> legato for >*. The sixth staff begins with piano (*p*). The seventh staff includes accents (*>*) and piano (*p*) dynamics. The eighth staff features piano (*p*) dynamics, piano crescendo (*p cresc.*), forte (*f*), piano (*p*), piano crescendo (*p cresc.*), and forte (*f*). The ninth staff starts with piano (*p*) and includes forte (*f*) dynamics. The tenth staff includes mezzo-forte (*mf*) dynamics. The eleventh and twelfth staves continue with piano (*p*) dynamics and accents (*>*). The final staff concludes with piano (*p*) dynamics and accents (*>*).